

Could you benefit from a different narcolepsy treatment option?

- Starting a new treatment can be a big decision. It's important to talk to your healthcare provider about how you're feeling and any treatment challenges you are experiencing
- Remember to talk about your lifestyle, diet, exercise, and sleep when discussing treatment options with your healthcare provider
- Take the quiz below to assess your current narcolepsy treatment and **discuss the results with your healthcare provider**

Fill in yes or no for the following statements that apply to your experience with your current narcolepsy treatment.

- Y N I don't feel like my current treatment addresses my cataplexy and/or excessive daytime sleepiness (EDS) symptoms
- Y N I still need to take frequent naps during the day because of my EDS
- Y N I sometimes miss out on daily activities because of my cataplexy or EDS symptoms
- Y N My current treatment makes it challenging to fall or stay asleep at night
- Y N I am satisfied with my current treatment routine

Discuss the answers above with your healthcare provider and ask about treating narcolepsy with sodium oxybate.